

When Behavior is a Challenge: De-escalation is the Tool

Did you know that in most cases, you can prevent escalation of disruptive behavior with your own nonverbal behaviors? The ability to organize your thinking and calmly respond are effective de-escalation techniques that can help you avoid a potential crisis.

Join us for an evening of learning provided by:

Chris Dafler BA. Psychology (with a minor in severe and profound special education) Chris has worked in the field of mental health in NC for 25 years with 17 of them here at Mission Health System

Robin Bryson LCSW, formally the Director of Black Mountain Home for Children now serving in the Emergency Department here at Mission Health System.

Participants will learn the value of appropriate communication, setting limits and avoiding power struggles with their children. Meal and childcare are provided at no charge, registration is requested.



Date: Tuesday, May 29, 2018

Time: 5:30pm

**Where: Mission Children's Reuter Outpatient Center
11 Vanderbilt Park Dr.
Asheville, NC 28803**

To register please contact:

Kerri Eaker @ 213-0047

Kerri.eaker@msj.org



**Family Support
Network™ of WNC**